Bits from Barb

Fall in Ontario—my favourite time! I hope you have the opportunity to take a drive out in the countryside and enjoy the magnificent colour show that Mother Nature offers us! It truly can be breathtaking to take in the beauty of Fall colours. Fall is also the time of year that we all seem to get very busy! And here in Family Housing that is very true! Following our annual tradition of our Welcome Corn Roasts, (check out some pictures on page 14) we served up coffee and muffins in the parking lots at both College Avenue and Wellington Woods, we started another season of Kid’s Club (see page 17 for full details) and began offering the English Conversation Groups at both College Avenue and Wellington Woods. Your Community Life Team has been preparing their October programs for you and your family to enjoy. Take a look at some of the programs you can enjoy this month—everything you need to know is inside this newsletter! One of the programs we’d like to highlight is “Orientation to Ontario” a three night program being brought to our community by Immigrant Services and the City of Guelph. There are no fees to attend the program however registration is required as space is limited! Please see page 2 for details. Municipal elections will be taking place on October 22nd and October also brings us Halloween. A fun-filled festivity that children throughout the country enjoy and anticipate! We have pumpkin carving events planned for both communities and encourage all to come out and carve a Jack-O-Lantern. Parents, we ask that you talk with your children about playing in the parking lots, we’ve seen some pretty dangerous behavior recently, please read the article on page 18 regarding child safety and supervision.

Enjoy October!
Orientation to Ontario

We are very pleased to be able to offer this exciting program free of charge to our residents. Personnel from Immigrant Services and from the City of Guelph will bring this exciting program to the 78 College Avenue Community Centre.

Registration is required. Please register by visiting https://uoguelph.eu.qualtrics.com/jfe/form/SV_9Mo4YbGgUhpeLFb

Registration will close on October 11th. The program will take place over three evenings, Tuesday, October 16, Wednesday October 17 and Thursday October 18, from 5pm until 7pm each night. Light food will be offered (pizza, wraps, fruit, etc.)

Throughout the three evenings, staff will cover a wide range of topics, including general immigration services, permanent residence application (focus on express entrance), how to buy a first home, how to start a small business money and financing, and family budgeting. The facilitators will present all the possible topics at the first evening so that the group can decide which topics they would like in more detail. The second evening focuses on applying for permanent residency, with a focus on express entrance and the third evening will cover those topics that the group expressed interest in.

Program participation is limited. We ask that only one adult member per household register. This program is open only to adult residents, no children will be permitted.

If you have any questions about residency in Canada, this program should be of high interest to you!

RSVP:
https://uoguelph.eu.qualtrics.com/jfe/form/SV_9Mo4YbGgUhpeLFb
**Fire Safety**

Join CLF Azza and Fire Prevention Officer Karen Harrison at the Wellington Woods Community Centre on Saturday, October 13th at 3:00 pm. This is a family oriented program, all children must be accompanied by an adult. Karen will be bringing along an electronic ‘fire’ and ‘fire extinguisher’ for all to take a try at putting out a fire! We will also be making the draw from the Family Evacuation Plan contest, so be sure that your home fire escape plan is submitted prior to (or at) this program!

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**An Ode to Autumn**

**Autumn**

BY GRACE PALEY

What is sometimes called a
Tongue of flame
Or an arm extended burning Is only the long
Red and orange branch of
A green maple
In early September reaching
Into the greenest field
Out of the green woods at the
Edge of which the birch trees
Appear a little tattered tired
Of sustaining delicacy
All through the hot summer re-
Minding everyone (in
Our family) of a Russian
Song a story
**Municipal Elections—October 22nd**

For full details on all the candidates, and to check if you are on the voter’s list, please visit https://vote.wpengine.com/

As well as voting for mayor, and school board trustees, registered voters will also vote for city councilors based on their residence location.

Both of our Family Housing communities are situated in Ward 5. This means that on voting day, you will select from the list of candidates that are running in Ward 5. Those candidates are:

- **Alex Green**  
  [http://www.alexgreen.ca](http://www.alexgreen.ca)

- **Cathy Downer**  
  [http://www.cathydowner.ca](http://www.cathydowner.ca)

- **Leanne Piper**  
  [http://leannepiper.ca](http://leannepiper.ca)

There are several different voting locations, and you are welcome to vote at any of the offered locations in your Ward. Voting locations for Ward 5 are:

- **Cutten Fields**  
  [190 College Avenue East](#)

- **Fred A Hamilton Public School**  
  [160 Ironwood Road](#)

- **Harcourt Memorial United Church**  
  [87 Dean Avenue](#)

- **Jean Little Public School**  
  [56 Youngman Drive](#)

- **John McCrae Public School**  
  [189 Water Street](#)

- **Mary Phelan Catholic School**  
  [8 Bishop Court](#)

*We encourage all eligible residents to get out and vote!*
**Profile Photo Taking**

Join CLF Qinglu at the College Avenue Community Centre on Tuesday, October 9th from 6pm until 7:30pm and have a photo taken that you can use on your resume!

There is no cost for the service, all photos will be sent digitally to you at the completion of the event.

This is a great opportunity to have a nice photo taken!

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**Trick or Treating on October 31st**

Some people put a lot of effort into decorating their homes, yards and drives. They may even construct life-size replica graveyards or dungeons and invite people from the neighborhood to view their creations or hold a themed party. Other people may organize fancy dress parties for adults or children. Popular activities at parties include watching horror films and trying to make fellow guests jump in fright.

Many children go out to play trick-or-treat. They dress up as ghosts, witches, skeletons or other characters and visit homes in their neighborhood. They ring doorbells and, when someone answers, they call out "trick-or-treat". This means that they hope to receive a gift of candy or other snacks and that they are threatening to play a trick if they do not get anything. Usually, they receive a treat and tricks are rarely carried out.

There are special types of food associated with Halloween. These include candies in packets decorated with symbols of Halloween, toffee apples made by coating real apples with a boiled sugar solution, roasted corn, popcorn and pumpkin pie or bread. Halloween beer, which is made by adding pumpkin and spices to the mash before fermenting it, is also available in specialist stores.

Children also take part in a long-standing Canadian tradition of "Trick-or-Treat for Unicef". Pumpkin-carving contests, pumpkin art tours, a reading marathon, and symbolic Walks for Water are just a few examples of the educational and fundraising activities schools and children develop to help provide thousands of children developing countries with basic quality education.

[https://www.timeanddate.com/holidays/canada/halloween](https://www.timeanddate.com/holidays/canada/halloween)

The generally accepted time for children to being Trick or Treating is at dusk—somewhere between 5:30pm and 6:00pm. Children will dress in costumes and knock on doors in their Neighbourhood to get candy.

A generally recognized sign that your house is giving out candy is to leave your front light turned on, or if you have carved a pumpkin, place a candle inside the pumpkin and light the candle on Halloween night.
Service Dogs @ CA

They are helpful, they are our friends, they are furry – they are SERVICE DOGS!

These dogs have been trained their whole lives to help people with all types of disabilities. You’ve probably seen one around campus helping someone through their day. These pups are well-trained, good tempered and dedicated to helping their owners.

Come and learn more about service dogs yourself! Join us on Thursday, October 25th at 5pm at the College Avenue Community Centre there will be a meet and greet with service dogs and their handlers. Learn about the duties and responsibilities of a service dog, how to correctly interact with them, and even how you and your pup could get started on your own service dog journey!

We can’t wait to see all our friends, both human and fluffy, there!

English Language Conversation Groups

Join our practicum student, Kaleigh, for our casual English Conversation Groups! Groups will meet from every Wednesday in both communities! At Wellington Woods group will be held from 10-11am, at College Avenue group will be held from 1-2pm. There is no registration for these groups, please feel free to stop by any week to participate. A topic will be discussed, and the focus will be on getting comfortable speaking the English language out loud! You are welcome to attend groups in either community, or in both!

Enjoy these photos from our Morning Coffee @ Wellington Woods!
Chancellors Way Medical Arts Centre
SERVING THE GUELPH COMMUNITY

CareWell Health Group
Physio, RMT, Chiropractic Osteopathy, Acupuncture...
519-341-9297

Chancellors Way Pharmacy
cwpharm.ca
519-824-6445

CD CAMPUS DENTIST
chancellorswaydental.com
519-763-6777

Midtown URGENT CARE CLINIC
Walk-in clinic open late and on Saturdays
519-837-1198

Dr. Lisa Weaver
Registered Psychology/ Clinical Hypnotherapist
519-993-8666

cafe NOW
sip • savour • smile
519-763-4333

Chancellors Way Medical Arts Centre
Go to cwmac.ca and check out our services!
Family Evacuation Plan contest

Creating a home fire escape plan can save your life! Information taken from the Ontario Fire Marshall’s website, “Fire and smoke move quickly. Every second counts when you are trying to escape a fire. Everyone must know what to do and where to go when the smoke alarm sounds.” If a fire were to break out in your townhouse tonight, does everyone in your household know how to get out? Do they know where they should go once they are outside? Take the time now to ensure the safety of everyone. To encourage you to create a home fire escape plan, we are hosting a contest this month! You can either print off the next page in the newsletter, or you can use a blank piece of paper. Draw a floor plan of your home, being sure to mark any possible emergency exits. Draw two ways to exit each room. Choose a meeting place outside your home, and write down where that meeting place will be. Then be sure to put your name and your unit number on your fire escape plan. You can deposit your completed plan to the mailbox at the Wellington Woods Community Centre, or you can bring your plan with you to the Fire Safety program being held on October 13th! A draw will be made at the Fire Safety session. After the Fire Prevention Officer has determined that the escape plan chosen meets the minimum needs, we will award that family a Family Four Pack tickets to the Strom’s Autumn Adventure park! Sit down with your family tonight and draw your escape plan. It could save a life!

Special Prize awarded during Fire Safety program being held on October 13th!

www.strom.ca
Draw a floor plan of your home, showing two ways out of every room, if possible.
Meet our new Practicum Student!

Hello everyone! My name is Kaleigh Watson and I am a fourth-year student at the University of Guelph currently majoring in Child, Youth and Family. I am helping out this semester with the many amazing activities that will be happening at College Avenue and Wellington West!

Right now, I am helping to run the English Learning Conversations, and I will be popping in to some of the programs that are being run throughout the month.

I am the youngest of four – as well as the only girl! I have a 6-year-old Great Dane named Karma who is the love of my life. That’s her to the left with her favourite toy, that she refuses to chew up and just cuddles with instead. I also volunteer with an organization that just recently got enough members to be considered a club called Cam’s Kids – wherein our main goal is to support young people struggling with anxiety. In my past time, although I do not have much of it, I love to read fantasy books. I also recently took up yoga over the summer and I accomplished a lifelong goal of being able to touch my toes!

This summer I went on a two-week backpacking trip across Europe with one of my best friends. We started out in Scotland headed down to England flew across to Switzerland and ended our trip in Ireland. It was truly a crazy time as we crammed in as much as we could in that two-week period! If anyone is travelling anytime soon – maybe to warmer places to escape our Canadian Winter – here are a few tricks that I found to be helpful. I bought a portable battery charger that saved me quite a few times when I was out exploring the towns. I heavily encourage investing in one of them before travelling, especially if you take a crazy number of photos like me. I also find that leaving room for spontaneity is extremely important. One of my favourite days in Ireland was when my friend and I decided to buy a train ticket to Malahide, a small coastal town, to go see a famous castle that some parts date back to the 12th century! We didn’t even know about this location until our tour guide recommended it to us. So, don’t get too stressed trying to plan every minute! There are so many interesting things to see and experience that no matter what you’re doing you won’t get bored!
Animals in our community

We don’t really like having skunks in our community, but skunks are here, and will continue to be. The general premise is if you leave them alone, they’ll leave you alone!

However, recently I had a concerned resident email me about a poor skunk that had gotten its head stuck inside a Styrofoam cup. The resident had requested the I send a communication to our community about the proper disposal of trash. I support that request, please be sure to put your trash inside a bag, tie the bag, and place the bag into the dumpster.

When I was looking on the internet for information about skunks and litter, I came across an article that was published in the Huffington Post and I’ve decided to share it here with you all...

“Canadian skunks have a very particular problem — they can't seem to stop from getting their heads stuck in McFlurry cups.

For the third (yes, THIRD) time in a year, video has captured a skunk running around blindly as a result of trying to eat up the remnants of a McDonalds’ ice cream treat.

Tina Christie from Kemptville, Ont. recorded the latest footage while at a car wash last week. A skunk had gotten the plastic lid of a McFlurry cup stuck around its neck and was running around in circles before Christie was able to get close and pull it off.

ut, like we said, this is not the first time an Ontario skunk has pulled this stunt. Last summer, skunks in both North Bay and the Peel region had to rely on humans to free them from dessert captivity.

In North Bay, two police officers helped out a skunk while on patrol one night, reports CBC News. And in the other instance, paramedic Justin Mausz donned an Ebola suit before comically chasing a critter around the paramedic station parking lot and swiping the cup off its head. And while it’s amazing enough to note that this specific mishap keeps happening all the damn time, what’s even more incredible is that not one of these brave rescuers got sprayed. NOT ONE.

For the record, it’s not just McFlurry cups that are posing a problem for Canada’s skunk population. Last year Manitoba Mounties came to the rescue of a skunk that got a Tim Hortons cup stuck on its head, and an Ontario man helped free a skunk who was running around with its head trapped inside a Coke can.

Hmmm. Maybe it’s not the skunks that have the problem, after all. Maybe it’s the humans who can’t seem to put their garbage in a place where these stinky animals won't get into it.


Do your part, properly dispose of all litter.
**Baha’i Children’s Classes**

Coming in October!
The Baha’i community is offering classes open to all at the Wellington Woods Community Centre that emphasize the acquisition of spiritual qualities—for example, truthfulness, generosity, purity of heart, and kindness, to name a few—which are considered attributes of God that are reflected in the mirror of the human heart. Year after year, the classes build on the understanding of these qualities and add lessons related to the history and the Writings of the Bahá’í Faith. The goal is for the children to reach a stage in which they can understand and act upon the imperative to tend to their own spiritual development and contribute to the well-being of society.

Classes will take place on Sunday mornings from 9:30 to 11:00. Currently classes are open for children ages 7-11. Please come on Sunday, October 7 to register your child!

“**I want you to be happy... to laugh, smile and rejoice in order that others may be made happy by you.**”

- ‘Abdu’l-Bahá-
**Costume Contest @ Wellington Woods**

This year we are hosting a costume contest for the children in the community! On Halloween eve (October 31st) before you head out Trick or Treating, stop and take a photo of your children in their costumes. Send your photo to comlife@uoguelph.ca to enter into the contest! Photos will be published on the Wellington Woods Facebook Group (if you aren’t a member please email comlife@uoguelph.ca to request being added!) From November 2-November 9 residents will be invited to “like” their favourite photo—the photo that has the most “likes” will be determined the winner, and that child will win a special prize! Parents please submit only one photo per child. All photos must be original photos, and must be of children currently residing in Wellington Woods. The winning photo will be published in the November newsletter!

**Pumpkin Carving @ Wellington Woods**

Join us at the Wellington Woods Community Centre on Sunday, October 28th at 7pm and carve a pumpkin to take home and place at your front door for Halloween!

We are requesting a $2.00 donation per pumpkin, and depending on numbers we may need to restrict pumpkins to one per unit. There will be a limited number of pumpkins available so please arrive on time! Pumpkins will be handed out first come, first served.

We will supply the carving tools as well as ideas on how you might want to carve your pumpkin!

**Please note:** This is not a children’s activity. This is a family activity, and all children MUST have a parent accompany them. The Community Life Staff are not able to supervise your children.
Fall in Canada is arguably our most beautiful season. It's a great time to go for a drive just to enjoy the scenery. But erratic weather conditions, reduced hours of daylight, falling temperatures and revised patterns of activity all contribute to the season’s own driving challenges. Here are eight tips on how to prepare for and deal with them.

1. **Beware the leaves**  Brightly coloured leaves are a feast for the eyes while they're on the trees, but they inevitably fall to the ground where they can present a safety hazard. Leaves on the roadway, especially when they’re wet, can be as slippery as ice so treat them with the same caution. Piles of leaves along the edge of the road can also obscure hidden hazards so steer clear of them.

2. **Don't let the sun blind you**  The hours of daylight continue to decrease throughout the fall season, with sunrise coming progressively later and sunset earlier. During those periods, when the sun is hanging low in the sky, it can be blinding if you're driving toward it. Be sure to wear high-quality sunglasses in those conditions and adjust sun visors to minimize the glare. Keep the windshield clean, too, as dirt on the glass can amplify the glare.

3. **Prepare for less daylight**  As the hours of daylight decrease, chances are you'll be doing more driving in dusk or dark conditions – perhaps even commuting to or from work in the dark. Be sure all your lights are working properly and keep them clean. The plastic covers over most of today’s headlights can become clouded or pitted with time so it’s a good idea to have them cleaned and polished. Be sure all your lights are on all the time – not just the automatic daytime running lights, which in many vehicles leave the taillights off.

4. **Watch for children**  School is in again, so be extra alert for school zones and children going or coming from school or playing along the roadside after school. They'll be harder to see as the daylight diminishes. Be prepared for school buses and their frequent stops as well. And remember that you must stop and remain stopped while their lights are flashing, on all but divided highways in most jurisdictions.

5. **Look out for cyclists, pedestrians and animals**  It's not just children that are more likely to be on or near the road in the Fall. As the weather cools, it's ideal weather for people to take a walk, go jogging or take a bicycle ride. And they don't always wear bright clothing to make them visible. If you're driving through an area where wildlife is plentiful, animals such as deer might also make an unexpected appearance. Be wary. And if you see one, expect there to be more.

6. **Be prepared for frost and ice**  As fall progresses, overnight temperatures tend to drop, often dipping below the freezing point temporarily. Such conditions are ideal for creating isolated spots of frost or black ice on sheltered areas of the roadway and on bridges and overpasses. Be aware of that possibility and extra cautious in area that might be susceptible.

7. **Adjust for fog or rain**  Fog and rain are facts of life in the fall, so be prepared for both and adjust your driving accordingly. Reduce your speed to correspond with the reduced visibility and increase the space behind the vehicle ahead to provide more time to react. If your vehicle is equipped with fog lights, use them, and be sure your headlights are on low, not high beam. In the rain, be cautious of puddles that can jerk at the steering wheel when you hit them, be prepared for visibility to be impaired from other vehicles' road spray, and adjust speed to account for reduced traction.

8. **Prepare your vehicle for winter**  Fall is a prelude to winter, which can effectively arrive almost any time throughout the period in most of Canada. So prepare accordingly before it catches you out. Once the temperature drops below 7°C, it’s time to install winter tires –on all four wheels, not just two. That’s also a good time to install new wiper blades and conduct routine maintenance such as changing oil and checking all fluids. Be sure you always have an ample supply of washer fluid and carry a spare container for emergency use. Check your safety kit as well, to ensure that it’s up to date.

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**Sgt. Stan’s Suggestions…**

Sgt. Stan Gabriel from Campus Community Police will provide suggestions for safety in your community, we hope that you and your family are able to benefit from Sgt. Stan’s Suggestions!
Memories from our 2018 Corn Roasts
October 2018

**Programs from the Stress Management and High Performance Clinic**

There are some great programs offered by the University of Guelph Stress Management and High Performance Clinic—here are some details about programs starting in October....

**Better Sleep Program**—begins October 4th - both in person group and an online option!

**Relaxation & Stress Management Skills**—begins October 16th

**Take the Stress Out of IBS**—begins October 19

**Women’s Mid-Life Sleep Workshop**—on October 22nd

**STOP Worrying**—on October 29th

For details on pricing and how to register, please connect with Kathy—
By phone: 518-824-4120, extension 52662
By email: ksomers@uoguelph.ca
Or visit [www.SelfRegulationSkills.ca](http://www.SelfRegulationSkills.ca)

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**Pumpkin Carving @ College Ave**

BOO! It’s that terrifying time of year again! Come join us for some creepily creative pumpkin carving!

It’s just not Halloween without Jack-o-lanterns. **Sunday, October 28th at 7:00 pm in the College Avenue Community Centre** there will be Pumpkin Carving Party! Bring along the family and friends and get in on the frightening fun!

Pumpkins and carving tools will be provided. There may be a small charge at the door to help cover the cost of the pumpkins, more details to come! There will be stencils and print outs to provide inspiration and, of course, candy to keep your energy and creativity up! Come dressed prepared for some gloppy, messy fun. At the end, take your pumpkins home and set them up in windows or on patios. This Halloween our community can be the spookiest yet! Please note that ALL children must be accompanied by an adult.

Facilitated by CLF Erica and Anna
Exciting news for all kids in Willington Woods! Kid’s Club is returning to Wellington Woods! CLF Azza will be leading Kid’s Club and is excited to welcome the new members of Kid’s Club!

Do you love crafting and also getting together with your friends? Why not combine the two activities together? Kids Club is a great way to spend good time with your friends and be creative!

Kid’s Club will meet twice a month and kids can enjoy making many different things from simple jewelry to wonderful paintings. You might even make your own birthday party invitation! Each month we will make something different, and we will always make something that is for boys and for girls. Kid’s Club will also work together on projects related to our environment where you will learn how to recycle empty bottles and make beautiful decorations for your room! Perhaps even a gift for Mom!

This year we are encouraging our Kids Club members to come to all club meetings! We will have incentive prizes—if you come to five clubs in a row you’ll get an official Kid’s Club tshirt!!! If you come to ten clubs in a row you will have a special surprise!

Kid’s Club will meet every other Friday at the Wellington Woods Community Centre from 4:30—5:30pm. A membership form will need to be signed by a parent and returned to Azza, the Kids’ Club facilitator. Children must be a minimum of seven years old to be able to participate in Kid’s Club. Younger children are not able to participate in Kids’ Club. October dates for Kid’s Club will be Friday, October 5th and Friday, October 19th.

Membership and Parental Waiver forms are available at every Kids’ Club meeting.
Children in our Communities

It seems that every few months I receive another email or call from a resident who is concerned about some unsafe behavior they have noticed.

We have had some concerns about children riding their bicycles in the parking lots, specifically at Wellington Woods. On one occasion, a young child was riding without a helmet, and they were ‘tailgating’ a moving vehicle. This is terribly dangerous behavior.

Parents, please sit down with your children today and talk about safe play in our communities. Any child under the age of sixteen years old MUST be wearing a bicycle helmet—it doesn’t matter if they are riding their bike on a city street, or on a Wellington Woods walkway, they need a helmet on.

As well, any playing or riding in the parking lots is not safe. Cars are continually backing in to parking spaces, entering or leaving the lots, etc. Children need to learn to stay out of the parking lots to be safe.

The other issue we have seen is children being left to play outside without parental supervision. Family and Children’s Services offer some general guidelines around child supervision. Children aged up to 5 years old need to be constantly supervised. From 6-9 years old they can be allowed to play on their own however a parent or guardian must be in sight of the child. At age 10 a child can be considered safe to be left home alone for short periods of time during the day but not responsible for anyone but themselves. At 12 years of age...
A trip to Iceland!

Ever thought of travelling to Iceland? Well, I did. Over the summer my husband, friends and I took a trip to the indisputably incredible Iceland!

Here are a few things I wish someone had told me before I embarked on my Northern Adventure:

1) Pack like a proper Canadian! The weather in Iceland is unpredictable and quick to change, so try to pack for every season. In the morning it can be cold and wet and by the afternoon the sun is shining and it’s 25 degrees! Lots of layers and different ways to combine clothes are a must. One day you will want your sweater and toque and the next day you’ll be wishing you had shorts and a t-shirt! Living in Canada we know all about crazy weather. Embrace your inner Canuck and pack for every contingency.

2) Double your budget! Many attractions in Iceland are free: hikes, waterfalls, beaches, etc. So, you would expect it to relatively cheap trip, right? Wrong! Iceland is surprisingly expensive. Since it is an island everything must be shipped in from the mainland. This means everything from oranges to toilet paper needs to be more expensive. If you go in expecting a slightly larger price tag you won’t be too shocked when you get there.

3) For a small island - it’s huge! Considering all of Iceland can EASILY fit inside Ontario it’s easy to assume you can trek across the island in no time! Surprisingly it can take quite a while. Much of the terrain is wild, so the roads must twist and weave around all the mountains and ravines – this can increase drive time more than you might expect. The country side is also vast! It’s easy to have the sensation of driving forever without making any progress – but don’t worry, you’ll get there…eventually.

I hope I’ve been able to provide some insider information for you travellers out there. If you have the adventurer’s spirit to go, you will find Iceland is full of untamed beauty and excitement for you to explore. Bon Voyage
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- **English Conversation Groups**: WWCC 10-11am
- **Pumpkin Carving**: CACC and WWCC 7-8pm
- **Municipal Elections**: CACC 6-7:30pm
- **Fire Safety**: WWCC 3pm
- **Happy Halloween**: English Conversation Groups WWCC 10-11am
- **Service Dog Program**: CACC 1-2pm
- **WW Kid’s Club**: WWCC 4:30-5:30pm
- **Bahaii Classes**: WWCC 9:30-11am
- **English Conversation Groups**: WWCC 10-11am
- **No English Conversation groups this week**